



Artemis Place Society
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Building Relationships, Daycare Staff

As the year progresses, there is a definite change. Relationships are strengthening between staff and parents as information and stories about the children are shared and celebrated. The moms and babies have settled into a routine and are very comfortable in the daycare. The children know who their caregivers are, especially the older toddlers who are returning for a second or third year.

As a team we all take care of the children, but to those children in which our role is a primary caregiver, there is a special bond. It's such a treat for a caregiver to see the reaction of a toddler or baby when we return to the room and are greeted with smiles and hugs. However, we all know it's the bond between moms and babies that is the most special. The biggest smiles and hugs are saved for them.



Student Outings, Emily Tench

This fall has been filled with exciting trips for getting our students into the community. On October 29th, the students, staff and babies went to Galey Farms where we picked pumpkins, rode the train, got lost in the maze and played in the petting zoo. In November, we went to see the salmon at Gold stream. It was refreshing to spend the day in the forest amongst the trees and the river, and we learned a lot about the ecosystem and the salmon lifestyle.

We also had the opportunity to spend time with the Medicine Horses at Thirteen Moons Farm. The horses hold unique healing powers and help individuals to process energy and emotions. It was a powerful



experience for many of our students to be around the horses.

It has been a good bonding experience to get out into the community and learn in these environments. Thank you to everyone who has helped to make our outings possible!

What's Cooking at Artemis Place!

This winter the students and staff at Artemis Place have been cooking up this delicious, warming recipe that is perfect for a cool winter day. This recipe has become a staff favorite, and it's worth a share.

Sia's Greek Lentil Soup

- 2 cups brown lentils
- 3 cups chopped leeks
- 6 bay leaves
- 2 garlic cloves
- 1 1/2 tsp oregano
- 1/2 cup olive oil
- 10 cups water
- 1-2 tsp sea salt
- 5 tbsp tomato paste
- 1 tbsp vinegar



Rinse and pick over lentils removing any twigs or stones, and place them in a large soup pot with leeks, bay leaves, garlic, oregano, oil and water. Bring to a boil and simmer over low heat for 2 hours. Add the salt, tomato paste and vinegar, and serve.

Optional: Add a spoonful of yogurt or sour cream to garnish.

CFUW Annual Luncheon Honour



Artemis Place is honoured to be the recipient of the proceeds from the Canadian Federation of University Women's (CFUW) Annual Luncheon on December 5th at the Victoria Golf Club. A passionate group from CFUW including Marg Rose from the United Way toured Artemis Place creatively looking for ways to support our programming. As a staff, we feel bolstered and encouraged by such positive community support for this work.



A Second Try, Mia; Brittney; Cookie; and Mieka (students)

Artemis Place provides a good selection of courses that students are happy with. It often seems like other schools pre-determine what you're capable of and assume what you can and cannot do; however, Artemis Place allows freedom of choice and encourages you to take multiple courses that fit your needs. At other schools students are given a particular schedule to follow, which means that even if a student is struggling, they have to keep up with the class, or if a student is excelling, they have to wait to receive more work, but at Artemis, students can spend time on subjects they want to or need to.

Artemis offers a wide range of courses for students to take, though students are eager to take additional extra-curricular courses throughout the year as well. Some of the electives offered are psychology, art, outdoor education, and drama, but the teachers are also willing to offer additional courses of interest so that students do not get bored with the material. Artemis also offers significant life-skills programming, which enables you to learn necessary skills to live on your own; such as budgeting, taxes, cooking, etc. Artemis creates a safe and accepting environment for students that refuse to fit the mould created for them by the public school system.

Vancouver Island Young Parent Program Conference

This year's one day conference was held at Artemis Place on Saturday, October 24th with 60 participants from around the island. The keynote address and workshops *Understanding First Nations, Transgender Inclusion and Emotional Freedom*

Techniques were interesting and inspiring, giving people food for thought and renewed energy to take back to their programs. It was a full day of listening, interacting and networking - a great success!



Your Donation Can Change Lives!

Your generous donation allows Artemis Place to continue offering enriched and nurturing programming to our students, and their babies and toddlers. If you are interested in supporting our programming please clip this section and mail it with your donation to Artemis Place, 3020 Richmond Road, Victoria, BC V8R 4V1. Tax receipts will be issued after receipt of payment.

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➡ Please contact info@artemisplace.org if you wish to make monthly contributions using a Pre-Authorized Debit (PAD) on the fifteenth of each month.



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