



COMPASSION, POWER, RESPECT

artemis place

SECONDARY SCHOOL

## Fall 2016 Newsletter

Artemis Place Society  
3020 Richmond Road  
Victoria, B.C. V8R 3Y5

t: (250) 598-5183  
f: (250) 388-9153  
info@artemisplace.org  
www.artemisplace.com



### The Year Begins, Daycare Staff

The start of a new school year brings with it lots of excitement of seeing the moms and babies after being away for most of the summer. The first thing the ECE's notice is how much the children have grown and changed – the crawlers are walking, the toddlers are talking and everyone is happy to see each other. This year there is one new child joining the group and after just a short time he is content to let his mom go down the hall for brief periods of time. With the beautiful weather, our outdoor space is still very inviting and the children are enjoying the sand and water. We also have an abundance of apples and in the days to come the children will be sampling various forms of this delicious fruit fresh off the trees. We are all looking forward to a happy and healthy new year together.



### Dutch Apple Cake

Here's another delicious recipe that the Daycare has been baking up this fall with our bounty of delicious apples from the apple tree.

#### Ingredients:

1 3/4 cups all purpose flour (or half whole wheat & half all purpose flour)  
3 tsp. baking powder  
3/4 tsp. salt  
1/2 cup butter  
1/2 cup sugar  
1 egg  
1 1/2 tsp. vanilla  
3/4 cup milk

#### Topping:

2 medium size apples  
2 tbsp. sugar  
1 tsp. cinnamon

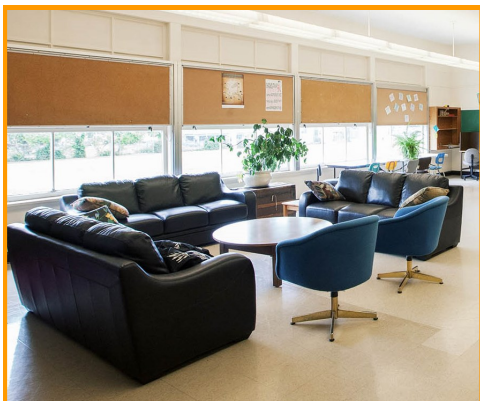
Stir flour, baking powder, and salt together. Cream butter: gradually add sugar, creaming well between additions. Add egg and vanilla and beat until light and fluffy. Stir in dry ingredients alternately with milk. Pour into a well greased 8"x 8" shallow pan. Peel and core apples; cut in eights. Place in rows on batter with sharp edges pressed in slightly. Sprinkle sugar and cinnamon on top. Bake in a moderate oven (350 F) for 50 to 60 minutes. Yield 8 servings.



### Getting Comfortable in Groups, Counselling Staff

This year we are focusing more energy on building a strong, safe community at Artemis Place. One way we are going about this is through the development of TC groups, or Teacher-Counsellor groups. A TC Group is a group of students assigned to a particular teacher and counsellor pairing. We do this to provide a smaller community within the larger school community. Every Monday morning we will meet in our TC groups before our full school community meeting. TC groups give students a time to reflect on what the school means to them and also have a say in how the school is run. TC groups are also an opportunity for students who don't feel comfortable in the larger group to have a say within a small group and ensure that all voices are heard. Each group is responsible for hosting one community meeting every three weeks

and will also be in charge of scheduling and note-taking for the week. This provides a sense of ownership and leadership for students within Artemis. We are also hopeful that TC groups will foster social connections amongst students through fun small-group activities and team spirit throughout the year.



# Celebrating 45 Years!



**Join us at our Open House on  
September 28th from 3:00 - 5:00 PM.**

Artemis Place has taken many forms since its inception in 1971. There have been several locations, name changes and new staff but after decades of supporting youth, young moms and pregnant teens the philosophy, vision and values have remained the same. Students and families from past and present walk through the doors and instantly feel the warmth and connection. The program's history is on the walls of the current building where we have been for nearly 30 years and hopefully many more years to come.

We are forever grateful to Linda Moyer and David de Rosenroll, the original founders who recognized the gap in services and put their energy and resources into a specialized program supporting the needs and fostering the strengths of youth and their families. We hope you will join us at our Open House where we will celebrate our 45th year anniversary, on September 28th from 3:00 to 5:00 PM, at 3020 Richmond Road.

## A Note From the Board, Barb Peck

Cue the music: "Mem'ries ...Misty water-coloured mem'ries..." Admittedly, Barbra Streisand's nostalgic reflections from *The Way We Were* were not about Board governance. I'm not sure that anyone has written a song about board governance for that matter – more's the pity. Anyway, my point is that memory is fallible. This is true for individuals and is also relevant when we consider our collective memory as an organization. Artemis Place engenders a great degree of loyalty, so we have Board members and staff who have long histories with us and many memories of how things have been done. Such collective experience and wisdom is a huge asset for our agency, but as a Board we have sometimes relied too heavily on this resource. It has meant that we do not always have a written record, or an easily accessible one, of what to do in certain circumstances, and how or why we do things the way we do. When there is turn-over in personnel, or even just misty memories, information may not be transmitted, can get lost or transmogrified. The Board is working to clarify our governance policies and procedures and to create clear documentation, all the while modifying policies as needed to meet the requirements of the new Societies Act. We may not be writing a song about governance but there is no doubt that clear documentation supports us to work in harmony.

## Summer School

This summer, Artemis Place offered a four-week summer block for students hoping to finish classes as well as maintaining a



connection to the Artemis community. The daycare was open to provide support to our young moms. The summer programming provided a flexible schedule that allowed for students to either focus entirely on academics throughout the day, or participate in groups. Jae, Youth and Family Counsellor, and her practicum student, Roxy, ran cultural groups; such as decorating eagle feathers. They also took students berry picking, and taught them how to make jam. Teacher Kim provided ample opportunity for one-to-one academic support. The students who attended experienced success in the summer program.

## Your Donation Can Change Lives!

Your generous donation allows Artemis Place to continue offering enriched and nurturing programming to our students, and their babies and toddlers. If you are interested in supporting our programming please clip this section and mail it with your donation to Artemis Place, 3020 Richmond Road, Victoria, BC V8R 4V1. Tax receipts will be issued after receipt of payment.

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Please contact [info@artemisplace.org](mailto:info@artemisplace.org) if you wish to make monthly contributions using a Pre-Authorized Debit (PAD) on the fifteenth of each month.

For more information about Artemis programs or articles in our newsletter, please call (250) 598-5183 or email [info@artemisplace.org](mailto:info@artemisplace.org).



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