## Fall 2022 Newsletter



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### **Artemis YPP**

Welcome to a new school year. There are lots of children returning from summer break along with some new babies starting in the Infant/Toddler room. September has started off with beautiful sunny weather, which means lots of time spent outdoors. Water play is a favourite –filling, pouring, drinking, carrying and of course splashing water everywhere. These activities are developing and strengthening children's fine and gross motor skills all in the guise of play. With the cooler weather approaching we will transition from being



drenched in water to donning rain gear to protect from the water! We're looking forward to the fall which will bring so many other exciting and fun learning opportunities to the children's outdoor play.

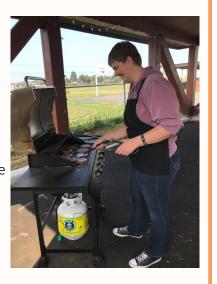
Hello! My name is Kim Paulo and I'm thrilled to be the newest caregiver in the



Young Parent Program. I've been an Early Childhood Educator (ECE) for over twenty years and I recently closed my home daycare after eleven years of operation. I feel so much "at home" here at Artemis Place, which, for me, confirms that I absolutely made the right decision in making such a big life change. I have a passion for supporting children and families and I look forward to growing, learning and building relationships here!

# Welcome Back BBQ

We had a fabulous welcome back BBQ on Wednesday September 14<sup>th</sup>. We were lucky to have Rob Sam and his daughter Sheleah come and do a welcome for us. They drummed and sang and welcomed us to the territory and to the new school year. We had many student helpers working hard to prepare the food for a delicious BBQ, and we had fabulous weather for spending time outdoors in the garden and in the outdoor classroom. Here's to many more!



#### **Meet our New YFC**

Hello! My name is Alicia. I am grateful to have been born and raised on these beautiful unceded, traditional, ancestral territories of the Ləkwəŋən speaking peoples. My ancestors come from many other places, including Europe (Italy, France, Eastern Europe) and what is now called Northern Mexico.

I am happy to be here as a YFC at Artemis Place. When working with youth, my goal is always to respect individual agency, personal views, and be supportive in a non-authoritarian/non-judgmental way. My teenage son once said to me "you're pretty cool mom."

In my free time, I am also an artist (draw/paint/underwater photography), cold water swimmer, enjoy tending to my plants, cooking, being an auntie, and hanging out with my

two teenswhen they feel like it.



### **Goat Yoga**

On Thursday September 15<sup>th</sup>, we hosted Dana, Matt and 7 goats from Vancouver Island Goat Yoga to lead us in a goat yoga class! Dana, the yoga instructor, led us through a lovely yoga routine, while Matt, the goat handler, introduced us to all the goats (in a nearly unanimous decision, we thought Sprout was the cutest and Bernie had the best personality). It was a real treat to get to pet goats, to have goats stand on our backs as we're in table top or some other yoga pose, and to cuddle with us. One of our most fun PE/Active

Living classes to date, and we'd definitely have them back anytime!





## Welcome New Principal/Executive Director- Natalie Nelson

I am pleased to be joining the Artemis Community as the new school Principal and the Society's Executive Director. I have been a K-12 educator for 25 years, serving the latter half of those, in principal positions on Vancouver Island. I come to Artemis, most recently, from SD 69 where I was a District Social Emotional Resource teacher. I am an advocate for students in providing a safe caring learning community that is welcoming, inclusive and relevant to individual needs. I am also an active collaborator that welcomes critical thinking to explore all the options and opinions that deepen our shared understanding. Every voice matters.

Outside of work life, I can be found on the water pursuing my emergent skill as a wildlife photographer or adding clicks to my e-bike odometer. I am an avid reader and dabble in research projects on the side. Currently I am exploring educational neuroscience from a developmental lens.

I am very pleased to welcome our new students and to welcome back all our returning students. I always have an open door and invite you to stop by and share your successes of learning and as well as addressing any concerns you may have. As a recent graduate of APSS shared with me about Artemis "It is a place that still feels like home that is away from home" Onyx, 2022. That is the Artemis experience I want for all our students. I sincerely welcome each of you to the APSS school year of 2022-2023. I am truly looking forward to our shared learning journey.



Natalie

